

OCTOBER 2019

Morgan County Middle School

Monday

Tuesday

Wednesday

Thursday

Friday

HARVEST OF THE MONTH

Zucchini

~Salads offered Daily~

1
Cereal with Toast and Fruit
Beef Nachos or Chicken Nachos
Black Beans
Romaine Salad
Applesauce

2
Sausage, Chicken or Steak Biscuit
Spaghetti with Toast or Cheese Quesadilla
Caesar Salad
Corn / Fruit Variety

3
Breakfast Pizza with Fruit
Cheese Stick with Marinara Sauce Or Chicken Sandwich
Roasted Potatoes
Green Beans
Fruit Variety

4
Sausage, Chicken or Steak Biscuit
Turkey Bacon Wrap Or Chicken and Waffles
Tater Tots
Celery Sticks with Dipping Sauce
Fruit Variety

7

8

9

10

11

- - - - Fall Break - - - -

14
Professional Learning Day

15
Cereal with Toast and Fruit
Sloppy Joe or Crispy Chicken Sandwich
Garden Salad
French Fries
Fruit Variety

16
Sausage, Chicken or Steak Biscuit
Hotdog or Rib Sandwich
Cole Slaw
Baked Beans
Fruit

17
Breakfast Pizza with Fruit
Pizza or Turkey with Cheese Sandwich
Sweet Potato Fries
Corn
Fruit Variety

18
Sausage, Chicken or Steak Biscuit
Chicken Fajita or Chicken Strips with Roll
Steamed Carrots
Broccoli with Dipping Sauce
Sugar Cookie

21
Sausage, Chicken or Steak Biscuit
Corndog or BBQ Sandwich
French Fries
Carrots with Dipping Sauce
Frozen Fruit Cup

22
Cereal with Toast and Fruit
Beef Nachos or Chicken Nachos
Black Beans
Romaine Salad
Applesauce

23
Sausage, Chicken or Steak Biscuit
Spaghetti with Toast or Cheese Quesadilla
Caesar Salad
Corn / Fruit Variety

24
Breakfast Pizza with Fruit
Cheese Stick with Marinara Sauce Or Chicken Sandwich
Roasted Potatoes
Green Beans
Fruit Variety

25
Sausage, Chicken or Steak Biscuit
Turkey Bacon Wrap Or Chicken and Waffles
Tater Tots
Celery Sticks with Dipping Sauce
Fruit Variety

28
Sausage, Chicken or Steak Biscuit
Beef / Bean / Cheese Burrito Or Cheeseburger
Carrots with Dip
Sweet Potato Tots
Fruit Variety

29
Cereal with Toast and Fruit
Sloppy Joe or Crispy Chicken Sandwich
Garden Salad
French Fries
Fruit Variety

30
Sausage, Chicken or Steak Biscuit
Hotdog or Rib Sandwich
Cole Slaw / Baked Beans
Apple Crisp / Fruit Variety

31
Breakfast Pizza with Fruit
Pizza or Turkey with Cheese Sandwich
Sweet Potato Fries
Corn
Fruit Variety



To pay for breakfast by the day or month:

Paid - \$1.35 / Day or \$31.05 / Month
Reduced - \$.30 / Day or \$6.90 / Month

To pay for lunch by the day or month:

Paid - \$2.00 / Day or \$46.00 / Month
Reduced - \$.40 / Day or \$9.20 / Month

On-line meal payments can be made at: www.myschoolbucks.com
Menu is subject to change due to market conditions, availability of food, and Special activities.

This institution is an equal opportunity provider