

OCTOBER 2019

Morgan County High School

Monday

Tuesday

Wednesday

Thursday

Friday

HARVEST OF THE MONTH

Zucchini

~Salads offered Daily~

Sausage or Chicken Biscuit or Honey Bun with Fruit **1**
 Beef Nachos or Chicken Nachos
 Black Beans
 Romaine Salad
 Applesauce

Sausage, Chicken or Steak Biscuit **2**
 Spaghetti with Toast or Cheese Quesadilla
 Caesar Salad
 Corn / Fruit Variety

Sausage or Chicken Biscuit or Pancake on a Stick with Fruit **3**
 Cheese Stick with Marinara Sauce Or Chicken Sandwich
 Roasted Potatoes
 Green Beans / Fruit Variety

Sausage, Chicken or Steak Biscuit **4**
 Rib Sandwich Or Chicken and Waffles
 Tater Tots
 Celery Sticks with Dipping Sauce
 Fruit Variety

7

8

9

10

11

--- Fall Break ---

Professional Learning Day

14

Sausage or Chicken Biscuit or Honey Bun with Fruit **15**
 Sloppy Joe or Crispy Chicken Sandwich
 Garden Salad
 French Fries / Fruit Variety

Sausage, Chicken or Steak Biscuit **16**
 Hotdog or Chicken Bacon Wrap
 Cole Slaw
 Baked Beans
 Fruit

Sausage or Chicken Biscuit or Pancake on a Stick with Fruit **17**
 Pizza or Turkey with Cheese Sandwich
 Sweet Potato Fries
 Corn / Fruit Variety

Sausage, Chicken or Steak Biscuit **18**
 Chicken Fajita or Chicken Strips with Roll
 Steamed Carrots
 Broccoli with Dipping Sauce
 Sugar Cookie

21

Sausage Biscuit or French Toast Sticks with Sausage and Fruit
 Corndog or BBQ Sandwich
 French Fries
 Carrots with Dipping Sauce
 Frozen Fruit Cup

Sausage or Chicken Biscuit or Honey Bun with Fruit **22**
 Beef Nachos or Chicken Nachos
 Black Beans
 Romaine Salad
 Applesauce

Sausage, Chicken or Steak Biscuit **23**
 Spaghetti with Toast or Cheese Quesadilla
 Caesar Salad
 Corn / Fruit Variety

Sausage or Chicken Biscuit or Pancake on a Stick with Fruit **24**
 Cheese Stick with Marinara Sauce Or Chicken Sandwich
 Roasted Potatoes
 Green Beans / Fruit Variety

Sausage, Chicken or Steak Biscuit **25**
 Turkey Bacon Wrap Or Chicken and Waffles
 Tater Tots
 Celery Sticks with Dipping Sauce
 Fruit Variety

28

Sausage Biscuit or French Toast Sticks with Sausage and Fruit
 Turkey Bacon Wrap Or Cheeseburger
 Carrots with Dip / Sweet Potato Tots
 Fruit Variety

Sausage or Chicken Biscuit or Honey Bun with Fruit **29**
 Sloppy Joe or Crispy Chicken Sandwich
 Garden Salad
 French Fries / Fruit Variety

Sausage, Chicken or Steak Biscuit **30**
 Hotdog or Chicken Bacon Wrap
 Cole Slaw / Baked Beans
 Apple Crisp / Fruit Variety

Sausage or Chicken Biscuit or Pancake on a Stick with Fruit **31**
 Pizza or Turkey with Cheese Sandwich
 Sweet Potato Fries
 Corn / Fruit Variety

To pay for breakfast by the day or month:
 Paid - \$1.35 / Day or \$31.05 / Month
 Reduced - \$.30 / Day or \$6.90 / Month

To pay for lunch by the day or month:
 Paid - \$2.00 / Day or \$46.00 / Month
 Reduced - \$.40 / Day or \$9.20 / Month

On-line meal payments can be made at: www.myschoolbucks.com
 Menu is subject to change due to market conditions, availability of food, and Special activities.

This institution is an equal opportunity provider